

## Virtual diagnosis and treatment





## eCare Video Visits. Fast. Easy. Convenient.

Vanguard eCare video visits bring our primary care providers to you when you have a common medical condition like a cold, the flu, a minor burn, or pink eye.

## Access Vanguard eCare from your smartphone, tablet, or computer.

- Call 973-559-0081
- Ask for an appointment
- We'll send you an invitation to Video Chat via text or email
- Click on the link in that message
- Allow access to your camera and microphone
- You will be connected to a Vanguard provider



Access eCare
7 days a week
8 am to 8 pm



Learn More Today! vanguardmedgroup.com/eCare