

FOR IMMEDIATE RELEASE

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VANGUARD MEDICAL GROUP OF CRANFORD GIVES BACK TO LOCAL CHARITIES IN CELEBRATION OF 10th ANNIVERSARY

CRANFORD, N.J. — MAY 28, 2013 — Three local charities were the beneficiaries of a total of \$1,000 in donations made possible by Vanguard Medical Group of Cranford (formerly Cranford Family Practice), a patient-centered family practice, and their guests who attended a “Thanks Giving Day” open house held on Saturday, May 11, 2013, at their Cranford office. Each of the attending guests selected a charity to receive the gifts. The charities receiving the donations were the United Way of Greater Union County Hurricane Sandy Community Recovery Fund, the National Multiple Sclerosis Society–New Jersey Metro Chapter and Cranford High School Class of 2013 Project Graduation.

“Our Thanks Giving Day was very rewarding and special,” said Robert Eidus, M.D., president of Vanguard Medical Group. “The event was a success for two reasons; it gave us an opportunity to share our 10th anniversary with our patients, civic groups and local businesses, and the monies raised allowed us to give back to the community that has been so good to us since our inception.”

The donations will be given from Vanguard Medical Group of Cranford to the three charities based on the guests’ selections, including United Way of Greater Union County Hurricane Sandy Community Recovery Fund, which will receive \$500. On May 23, \$300 was presented to Karen Drzic, executive vice president of development of the National Multiple Sclerosis Society–New Jersey Metro Chapter, and \$200 was presented to Cranford High School Class of 2013 Project Graduation parent representative Lisa Patella.

There was something for everyone. The open house included complimentary blood pressure screenings, pedometer giveaways and roses for moms in honor of Mother’s Day. Matthew Giangrante, M.D., the newest member of the Cranford team, gave the guests a preview of “Americans in Motion — Healthy Interventions,” and Dawn Howell, nurse practitioner, acquainted the guests with her clinical interests: medical care of children, adolescents and women. Vanguard Medical Group’s open house also attracted some local dignitaries.

“Cranford is a wonderful community to live and work in and it is truly rewarding to celebrate businesses that make our community great,” said Thomas H. Hannen Jr., mayor of Cranford. “We are honored to be part of Vanguard Medical Group’s anniversary celebration as they have been an important part of the fabric of our town for a decade and have touched our lives, and we wish Dr. Eidus and his team many more decades of anniversaries.”

“It is always rewarding when a chamber member reaches a milestone,” added Eugene Matics, president of the Cranford Chamber of Commerce. “Dr. Eidus and his staff are Chamber members whose work and dedication provide services to many in Cranford and its surrounding area. Their

gesture of helping the three charities as part of their anniversary is a testament to their great work. We celebrate them.”

About Robert Eidus, M.D.

Dr. Eidus is a board-certified family physician with a medical degree from Robert Wood Johnson Medical School, Piscataway, N.J. He completed his residency at Overlook Hospital, Summit, N.J. He spent 11 years in family practice, including seven as chair of the Department of Family Practice and director of Family Practice Residency at St. Joseph’s Hospital, Paterson, N.J. In 2011 he was elected president of the New Jersey Academy of Family Physicians.

He is a recognized national leader in family medicine education and serves on many statewide and national health organizations, and he is a sought-after speaker on health care improvement. He earned his MBA at the Kellogg Graduate School of Business Management, Northwestern University in Evanston, Ill. In 2002 he established a solo practice that followed a patient-centered medical home model and an integrated approach to patient care, which in 2012 merged with two other like-minded practices in Verona and Montville to form Vanguard Medical Group.

About Vanguard Medical Group

Vanguard Medical Group P.A. is a regional primary care practice serving area communities from three well-established sites: 271 Grove Ave., Suite A, Verona, NJ 07044, phone: 973-239-2600, fax: 973-239-0482; 123 N. Union Ave., Suite 204, Cranford, NJ 07016, phone: 908-272-7990, fax: 908-272-7970; and 170 Changebridge Road, Suite C-3, Montville, NJ 07045, phone: 973-575-5540, fax: 973-575-4885.

The goal of the newly formed Vanguard Medical Group is to transform health care through collaboration by enhancing the patient experience, measurably advancing quality and improving the affordability of health care. Hospital affiliations for each office include Morristown Medical Center, Saint Clare’s Hospital and Chilton Memorial Hospital for the Montville office; Overlook Medical Center for the Cranford office; and Mountainside Hospital and Saint Barnabas Medical Center for the Verona office. Website: vanguardmedgroup.com.

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Photos Courtesy of Vanguard Medical Group of Cranford

Photo Caption #1

**VANGUARD MEDICAL GROUP OF CRANFORD AND LOCAL LEADERS
CELEBRATING 10th ANNIVERSARY AT “THANKS GIVING” OPEN HOUSE**



Pictured from l-r: Lauren Shub, office manager, Vanguard Medical Group of Cranford; Thomas H. Hannen Jr., mayor of Cranford; Meryl Layton, board member, Cranford Chamber of Commerce; Deborah Sanocki, receptionist, Vanguard Medical Group of Cranford; Linda Leifer, board member, Cranford Chamber of Commerce; Eugene Matics, president, Cranford Chamber of Commerce; Edward O'Malley, deputy mayor of Cranford; Robert Eidus, M.D., president, Vanguard Medical Group of Cranford; Robert Hoeffler, executive director, Cranford Chamber of Commerce; Dawn Howell, family nurse practitioner, Vanguard Medical Group of Cranford, and her daughter Madison; and Matthew Giangrante, M.D., family physician, Vanguard Medical Group of Cranford.

CRANFORD, N.J. — MAY 28, 2013 — Vanguard Medical Group of Cranford, a patient-centered medical home family practice, hosted a “Thanks Giving Day” open house on May 11, 2013. Local leaders from the Cranford mayor’s office and Chamber of Commerce office kicked off the day with a ribbon cutting.

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Photo Caption #2

**VANGUARD MEDICAL GROUP OF CRANFORD 10th ANNIVERSARY
CELEBRATION FOCUSED ON WELLNESS AND FITNESS**



Pictured from l-r: Matthew Giangrante, M.D., family physician, Vanguard Medical Group of Cranford, educating Jeff Rapant of Cranford about AIM-HI program.

CRANFORD, N.J. — MAY 28, 2013 — Vanguard Medical Group of Cranford, a patient-centered medical home family practice, hosted a “Thanks Giving Day” open house on May 11, 2013. Among the day’s guest activities was a preview of “Americans In Motion — Healthy Interventions” led by Dr. Matthew Giangrante, the newest member of the team. This program offers patients tips on how to exercise and plan meals to provide a healthy lifestyle.

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Photo Caption #3

**VANGUARD MEDICAL GROUP OF CRANFORD 10th ANNIVERSARY
CELEBRATION HIGHLIGHTED FAMILY PRACTICE MEDICINE**



Pictured l-r: Ray Barry of Cranford and Dawn Howell, family nurse practitioner, Vanguard Medical Group of Cranford, and her daughter Madison, chatting about health care for all ages at VMG.

CRANFORD, N.J. — MAY 28, 2013 — Vanguard Medical Group of Cranford, a patient-centered medical home family practice, hosted a “Thanks Giving Day” open house on May 11, 2013. Activities focused on family practice medicine, which includes health care for all ages. Dawn Howell, nurse practitioner, provided guests with health tips for children, adolescents and women.

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Photo Caption #4

VANGUARD MEDICAL GROUP OF CRANFORD CELEBRATING 10th ANNIVERSARY AT “THANKS GIVING” OPEN HOUSE WITH LOCAL DIGNITARIES



Pictured l-r: Thomas H. Hannen Jr., mayor of Cranford; Meryl Layton, board member, Cranford Chamber of Commerce; Robert Eidus, M.D., president, Vanguard Medical Group; and Eugene Matics, president, Cranford Chamber of Commerce

CRANFORD, N.J. — MAY 28, 2013 — Vanguard Medical Group of Cranford, a patient-centered medical home family practice, hosted a “Thanks Giving Day” open house on May 11, 2013. During the day’s activities guests were given free health screenings, an opportunity to select a charity to receive donations, giveaways and refreshments. Among the guests were Thomas H. Hannen Jr., mayor of Cranford, and Eugene Matics, president, Cranford Chamber of Commerce.

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Photo Caption #5a and 5b

VANGUARD MEDICAL GROUP OF CRANFORD CELEBRATING 10th ANNIVERSARY BY DONATING TO LOCAL CHARITIES



Photo 5a

Pictured in photo 5a l-r: From Cranford High School: Darren Torson, athletic director; Melissa Isaac, student; Rui Dionisio, principal; Corey Markovitch, student; and Lisa Patella, parent representative for Project Graduation, receiving check from Robert Eidus, M.D., Vanguard Medical Group of Cranford (center)



Photo 5b

Pictured in photo 5b l-r: Robert Eidus, M.D., president, Vanguard Medical Group; Karen Drzik, executive vice president of development, National Multiple Sclerosis Society–New Jersey Metro Chapter; Dawn Howell, family nurse practitioner, Vanguard Medical Group of Cranford; and Matthew Giangrante, M.D., family physician, Vanguard Medical Group of Cranford.

Photo Caption Release:

CRANFORD, N.J. — MAY 28, 2013 — Vanguard Medical Group of Cranford, a patient-centered medical home family practice, hosted a “Thanks Giving Day” open house on May 11, 2013, to celebrate its 10th anniversary. As a gesture of thanks to the community, \$1,000 was allocated to three local charities. United Way of Greater Union County Hurricane Sandy Community Recovery Fund will receive \$500; \$300 was presented to Karen Drzik, executive vice president of development of the National Multiple Sclerosis Society–New Jersey Metro Chapter; and \$200 was presented to the Cranford High School Class of 2013 Project Graduation representative and Lisa Patella, parent representative for Project Graduation. The first two check presentations were made on May 23. The United Way presentation is still to be scheduled.

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